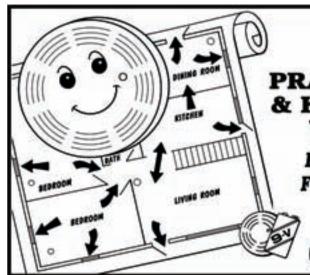






Install at least one on every level of your home. Test them monthly. Change the batteries when you change the clocks in the spring and fall.



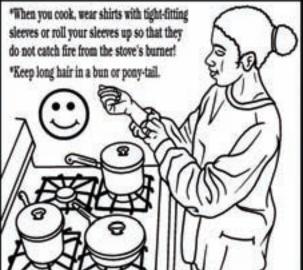
DO's 🙂

PRACTICE COOKING & KITCHEN SAFETY WITH A SMILE!

Keep a good recipe and a Fire Escape Plan on hand at all times!

WATCH WHAT YOU HEAT!

Cooking fires are the leading cause of house fires. They also cause many injuries!



Even the best chefs on TV and in resturants have assistants to help them! Always ask an adult to assist you in the kitchen. If they know any good recipes, ask them to show you how to make them! Set up your ingredients before you begin cooking.

Always keep an oven mitt, lid and baking soda handy. If a pan on the stove catches fire, put on an oven mitt and carefully slide the lid over the pan. Then, turn off the burner! Never pour water on a grease fire!





Use Potholders to remove food from the microwave. ONLY USE MICROWAVE-SAFE COOKWARE!



Install child-proof locks on cabinets that store cleaning products, chemicals, medications or any other poisonous items. Make sure that all dangerous or poisonous items have child-resistant caps on them. Read directions before using all chemicals or cleaning products. Put them away as soon as you are done using them.





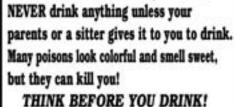
DONT's FROWN UPON

KITCHEN & COOKING SAFETY HAZARDS

Please don't play with matches, lighters, electric heaters or pots and pans that are on the stove. All of these things can burn you badly! Read a book or find a favorite toy to play with. WATCH WHAT YOU HEAT!









OUCH! Touching these items can hurt you badly!





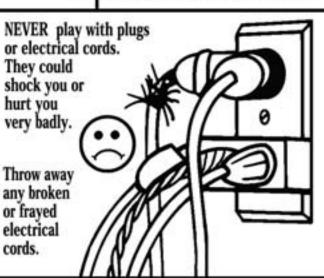
Treat everything on top of the stove as a pot of hot, boiling water. The heat from the stove or flame can burn you badly! STAY AWAY!

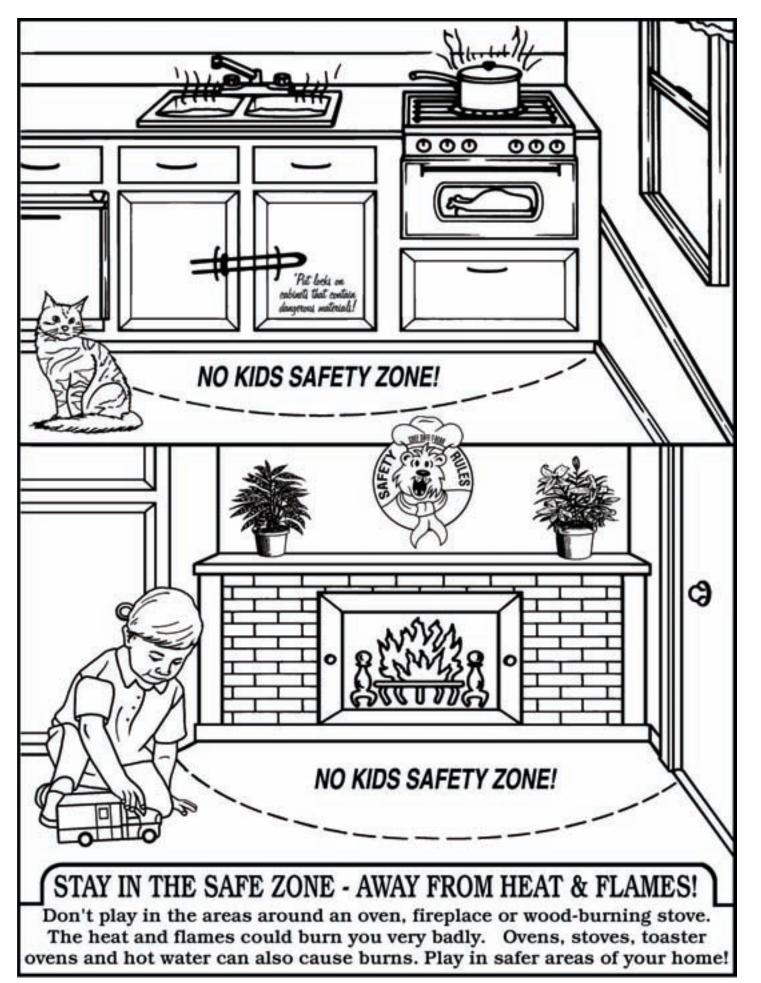


NEVER play with Bar-B-Que grills, matches, lighters or

or electrical cords. They could shock you or hurt you very badly.

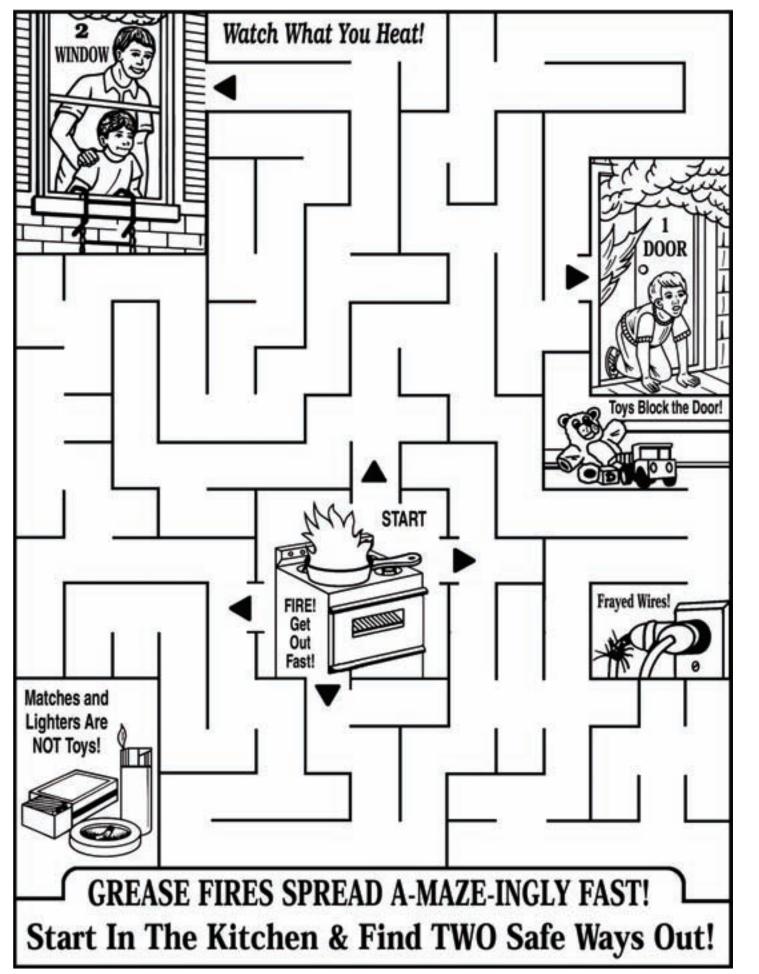
Throw away any broken or frayed electrical cords.







Draw a big "X" over the items that get hot and can burn you if you touch them. Then draw a circle around the fun things that are cool to do!



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26
ABCDEFGHIJKLMNOPQRSTUVWXYZ
1. Don't leave the $\frac{1}{11} - \frac{1}{9} - \frac{1}{20} - \frac{1}{3} - \frac{1}{8} - \frac{1}{5} - \frac{1}{14}$ when there is food cooking
15 14 20 8 5 19 20 15 22 5
2. When cooking with pots & pans on the stove,
20 21 18 14 8 1 14 4 12 5 19 9 14 23 1 18 4
3. Never overload $\frac{1}{5} \frac{1}{12} \frac{1}{5} \frac{1}{3} \frac{1}{20} \frac{1}{18} \frac{1}{9} \frac{1}{3} \frac{1}{12}$
15 21 20 12 5 20 19 MICROWAVE SAFETY!
4. Microwave popcorn can easily burn, follow $\frac{1}{4}$ $\frac{1}{9}$ $\frac{1}{18}$ $\frac{1}{5}$ $\frac{1}{3}$ $\frac{1}{20}$ $\frac{1}{9}$ $\frac{1}{15}$ $\frac{1}{14}$ $\frac{1}{19}$.
5. Never use ${20} = {9} = {14} = {6} = {15} = {9} = {12}$ or ${13} = {5} = {20} = {1} = {12}$ containers,
they can spark a fire! Only use microwave safe cookware!
6. Items used in the microwave oven may not look hot because there is no flame, but
ALWAYS use $\frac{1}{16}$ $\frac{1}{15}$ $\frac{1}{20}$ $\frac{1}{8}$ $\frac{1}{15}$ $\frac{1}{12}$ $\frac{1}{4}$ $\frac{1}{5}$ $\frac{1}{18}$ $\frac{1}{19}$ so you aren't burned.
WATCH WHAT YOU HEAT! - KITCHEN SAFETY DECODED! Finish these important Kitchen Safety messages by using the code. Once you break the code, don't keep these important messages a secret any longer! Share them with your family and friends! Use them everyday.

Here Are Some of My Kitchen Safety Rules For You To Digest!

Cooking and kitchen fires are the #1 cause of home fires and injuries.

Unattended cooking is the #1 cause of these fires. Most of these begin on the range, oven or microwave. Many of these fires could have been prevented. So, learn how to prevent kitchen fires before you learn how to cook!

- · Never leave the kitchen while food is cooking.
- Use oven mitts to put pans into the oven or to take them out.
- Use potholders when handling pots and pans on top of the stove.
- Turn pot handles inward so that they don't get knocked over.
- Always keep the kitchen and stove top clean to prevent fire or injury.
- · Have an adult nearby when you are cooking and preparing food.
- Make sure that paper wrappings, towels, curtains and other objects are at least 3 feet away from the stove top, as they can easily catch on fire.
- Never play with matches or lighters. They can burn you badly!
 Jr. Bear says: "If something needs to be lit, ask an adult to do it."
 - Unplug small appliances when you are not using them.
 - Never place fingers or toys in outlets! Outlets can burn you!
 - · Don't overload electrical outlets. Throw out broken or frayed cords.
 - · Aluminium foil and metal should never be used in a microwave oven.
- Food cooked in the microwave oven may not look hot, but it is!

 Open the door slowly and always use an oven mitt to remove the food.
- If a pan of food catches on fire, Always Cover to Smother!
 Use a pot holder so you don't get burned. Then turn off the heat!

